

Challenge 2 TREE

We planted a fruit tree at the Community Orchard this Autumn, it's the second of what we hope will be an ongoing bi-annual event. Lots of you were there to give us a helping hand so thank you.

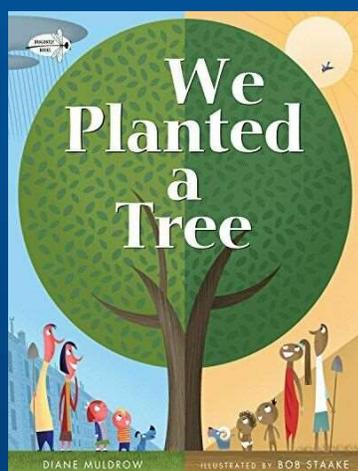
We know not everyone can plant a tree in their garden, so we want you to pick a tree to adopt, either in your garden or near enough to visit weekly. Then just...look.

There are 8 suggestions on the back of how to make your tree feel loved. Complete one or all of them and show your Keyperson or ask a grown up to take a photograph and post it on Facebook to earn your Challenge 2 sticker!



For immediate eco-impact, you can't do better than planting a tree. And if you can't plant one, adopt one!

Trees are the biggest plants on the planet, and vital for life as we know it. They soak up the greenhouse gas carbon dioxide. The only waste product is oxygen, the gas that keeps every other creature alive. They also protect habitats from soil erosion, floods, and drought, and provide habitats for millions of living things. For hundreds of thousands of years, trees have provided the materials for human shelter, tools, and fire. For medicines, musical instruments, and furniture. For paper, rubber, and cork. Science has even shown that just looking at trees can help us feel less stressed! *



Reading Recommendations

We Planted a Tree written by Diane Muldrow and illustrated by Bob Staake. A poem to inspire young tree huggers everywhere.

A picture book with positive messages. Two families in different parts of the world each plant a tree in this poetic book.

***THIS BOOK IS NOT RUBBISH** written by Isabel Thomas and illustrated by Alex Paterson

8 ways to make your Tree Feel Loved

Climb it

If it's safe and appropriate – and always ask a grown up to supervise

Hug it

Measure it

Use things that are around the tree – for example, 'it is twice as high as the bus stop', or ...

Identify it

Use clues like the shape and size of leaves and compare them with pictures in a book

Preserve it

Take leaf rubbings, or collect and press leaves in between sheets of newspaper and cardboard

Frame it

Take a picture of the tree each week from the same spot and see how the tree changes over the year

Science it

Hunt for microhabitats and find out who's hiding there. Try cracks in the bark, holes between roots and the underside of leaves.

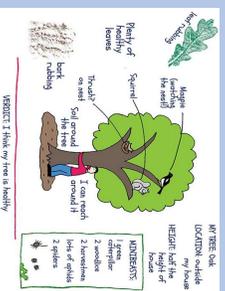
Art it

Create natural art using materials from your tree, such as fallen leaves, needles, twigs or pine cones



We can't wait to hear about your adopted tree and showing us what you're doing to make it feel loved

Challenge 2



Overton

Preschool Playgroup